

WHO WE ARE

The C. G. Jung Society of Sarasota is a not-for-profit 501 (c) (3) educational organization for the purpose of promoting the study of C. G. Jung's methods and theories of psychology. The society is open to anyone interested in the teachings of C. G. Jung or personal development.

TWO EASY WAYS TO PAY

ONLINE: Visit cgjungsarasota.org to register for all events and classes.

ONSITE: Cash, check, and credit card payments are accepted at the event venues. *Please arrive 30 minutes prior to event start time to pay onsite.* Non-members pay a \$5 per event surcharge for onsite registration.

SILVER PASS: Members can buy a SILVER PASS this season and attend all INsight Series events for \$275. Save \$50 and no registration required for lectures and workshops!

Questions?
Call: 941.952.8188

CGJUNGSARASOTA.ORG

PRICING

Lectures and workshops are priced individually. Prices are listed in this brochure separately under the section for each event/speaker by month. Additional fees apply for some events and are noted. CEs are paid to the Friendship Center for Aging Studies: call 941.556.3263

VENUES

Event venues vary. Please note the location and address for each individual event listed in the brochure.

C. G. Jung Society of Sarasota
A Not-for-Profit 501 (c) (3) Organization
P.O. Box 50611
Sarasota, FL 34232-0305



THE C. G. JUNG SOCIETY OF SARASOTA

2019–2020 INsight Lecture & Workshop Series

imagine create transform

CELEBRATING 25 YEARS

CGJUNGSARASOTA.ORG

2019–2020 Film Salons

Films are presented at the Community Foundation of Sarasota County
2635 Fruitville Rd., Sarasota, FL 34237 | FREE (Donations gratefully accepted)

THE TRUMAN SHOW • Friday, December 13 • 1 p.m.–4 p.m.

Hosted by Mike Epperly, this 1998 science fiction satire features Truman Burbank, who lives in an artificial world with actors and extras in the "world's largest set" (a biosphere). Truman's life is recorded and broadcast worldwide 24 hours a day, and he slowly starts to realize that his life is a façade. Truman then questions his own existence in a seemingly perfect world. This story is about a man trapped from birth and his quest to recover freedom as he explores free will vs. determination, nature vs. nurture, individuation, and love.

STILL ALICE • Friday, January 10 • 1 p.m.–4 p.m.

Hosted by Pete Grant, this 2014 drama follows the rapidly changing life of Dr. Alice Howland, a renowned linguistics professor at Columbia University, as she comes face-to-face with a devastating diagnosis: early-onset Alzheimer's disease. As the once-vibrant woman struggles to hang on to her sense of self for as long as possible, Alice's three grown children must watch helplessly as their mother disappears more and more with each passing day.

RED JOAN • Friday, February 7 • 1 p.m.–4 p.m.

Hosted by John Mutz, this 2019 suspense-drama is inspired by the true story of a retired widow who was arrested by the British Secret Service for providing the Soviet government with classified scientific information—including details on building the atomic bomb. While working at a top-secret nuclear research facility after World War II, Joan is confronted with impossible questions: Would you betray your country and your loved ones if it meant saving them? What price would you pay for peace? As the interrogation gets underway after her arrest, Joan relives the dramatic events that shaped her life and her beliefs.

BEFORE MIDNIGHT • Friday, March 20 • 1 p.m.–4 p.m.

Hosted by Peter Mermin, this 2013 drama-romance is the third in a trilogy. Nine years have passed since *Before Sunset*, and Jesse and Céline have become a couple and parents to twin girls. Jesse is now a successful novelist, while Céline is at a career crossroads, considering a job with the French government. Concerns over Jesse's son from his first marriage create fears about the couple's present and future together. During a romantic night alone, an argument erupts that leads Jesse to joke that he is a time traveler (referencing their first meeting) and to write her a letter from his 82-year-old self, describing this night as one of the best of their lives, which leads to a reconciliation.

THE GIRL WITHOUT HANDS • Friday, April 10 • 1 p.m.–4 p.m.

Hosted by Galin McGowan, this 2016 French adult animated drama brings to life the Brothers Grimm's tale of *The Girl Without Hands* in a hand-painted masterpiece that unfolds the dream logic of a fairytale with magic and cruelty, sublime beauty, and tenderness. Jung wrote that fairytales are instrumental symbols that bring forth unconscious contents so they can be canalized into consciousness, interpreted, and integrated. From the Latin "to speak of fate," fairytales bring one in contact with primordial representations of the archetypes, anima, animus, shadow, and Self, as they mirror the basic structure of the psyche.

PLUS: THE CLASSIC FILM SALON

Explore archetypal themes and symbolism, and share observations. Meets monthly on the third Tuesday from 3 p.m.–5 p.m. at the Women's Resource Center. (340 S. Tuttle Ave., Sarasota 34237) Visit cgjungsarasota.org for a listing of dates, locations, and films. Contact Barbara Shocket or David Eisner by email for more information: ebhocket@aol.com or deisnerfl@aol.com. Donation to Women's Resource Center requested.

ANNUAL MEETING

Wednesday, November 6, 2019 | 3 p.m.–5 p.m.
The Community Foundation of Sarasota County

It's the C. G. Jung Society of Sarasota's 25th Anniversary! Please join us for free refreshments, a program overview, election of officers, and information about our anniversary celebration this season. All current members and those interested in joining are invited. 2635 Fruitville Rd., Sarasota, FL 34236
RSVP: JungSarasota@yahoo.com

SMALL GROUPS & CLASSES

See our website for a full listing of small groups and classes. Ongoing discussion groups and classes include Mythos in the Creative Arts: MYTHOS (formerly the Mythopoetic Literature Group); the Joseph Campbell® Foundation Mythological RoundTable® (MRT); Bring a Dream Discussion Group; Soul Journaling; and more.

CELEBRATING
25 YEARS

About

C. G. JUNG SOCIETY OF SARASOTA

Established in 1994, the C. G. Jung Society of Sarasota endeavors to encourage personal growth and raise the consciousness of individuals of all ages. Our lectures, workshops, small groups, and classes focus on the works inspired by the psychology of C. G. Jung.

MEMBERSHIP BENEFITS

JOINTODAY and receive the many benefits of membership in the C. G. Jung Society of Sarasota. Membership dues also help finance our organization's overhead and complimentary programs each year. We gratefully accept matching donations from companies (e.g., an employer) and other institutions made on behalf of members.

GENERAL MEMBERSHIPS:

- Individual Membership: \$50 (Purchase of one membership-priced ticket per event.)
- Partnership Membership: \$75 (Purchase two membership-priced tickets per event.)

PREMIUM ARCHETYPE MEMBERSHIPS:

The Lover, The Caretaker, The Sage, and The Seeker. In addition to General Membership benefits, they offer:

- Expanded opportunities to purchase event tickets at membership prices for friends.
- Special recognition at events and in our publications.
- Tax deduction for premium membership.

ONLINE AT: CGJUNGSARASOTA.ORG

MEMBERS: You can buy a SILVER PASS this season and attend all INsight Series events for \$275. Save \$50 and no registration required for lectures and workshops!

C. G. JUNG SOCIETY OF SARASOTA 2019–2020 INSIGHT LECTURE & WORKSHOP SERIES

NOVEMBER

DR. GALIN MCGOWAN

Divine Imagination and the Evolution of Consciousness

Lecture: Friday, November 15, 2019, from 7 p.m.–9 p.m.

Workshop: Saturday, November 16, 2019, from 9 a.m.–1 p.m.

Explore the role of imagination in Carl Jung's development of analytical psychology and in our own consciousness. Jung's work with imagination is directly relevant to our current evolution of consciousness and our psychological health and well-being. As we collectively step into the future with technology, space exploration, artificial intelligence, and new revelations about the nature of reality, we are being challenged to adapt at a very rapid pace. During this process, suffering occurs when new paradigms do not yet hold a meaningful narrative of relationship with the Divine. In this lecture and workshop, we will explore how Jung's work with the imagination and the theories of Teilhard de Chardin, Terence McKenna, and others contribute to the use of imagination toward creating new collective narratives of meaning and a deepening of collective consciousness. In the workshop, participants will learn about the practice of active imagination, active play, and psychodrama as methods of accessing the unconscious.



Galín McGowan, Ph.D., is a Jungian Analyst, diploma graduate of the C. G. Jung Institute in Zurich, and a licensed mental health professional with additional training in marriage and family therapy. She has been an active Jungian Analyst and educator since 2002 and currently maintains a private practice in Sarasota, FL. Previously, Dr. McGowan was a senior training analyst for the Inter-Regional Society of Analytical Psychology, faculty member of the C. G. Jung Society of Colorado, co-founder of the Boulder Friends of Jung, and adjunct professor at the Art Institute of Colorado.

★ **EVENT PRICING:** Lecture (includes coffee and dessert from 6:30 p.m.–7 p.m.): \$20 members/\$30 nonmembers. Workshop: \$55 members/\$65 nonmembers. Combination lecture and workshop tickets: \$65 members/\$85 nonmembers.

★ **EVENT LOCATION:** Carlisle Inn, 3727 Bahia Vista St., Sarasota, FL 34232.

JANUARY

DR. JAMES HOLLIS

Living Between Worlds: Finding Personal Resilience in Changing Times

Lecture: Friday, January 17, 2020, from 7 p.m.–9 p.m.

"Wandering between two worlds, one dead, The other powerless to be born..."
—Matthew Arnold, 1885

As individuals, we often find ourselves existing in-between times, positioned somewhere between a world we knew and a world that has not yet emerged. These times are hours of crisis, disorientation, loss, and enormous anxiety. Similarly, cultures, eras, and civilizations go through in-between times. Ours is such a moment in history. How can we recover our bearings and sustain dignity and integrity when things fall apart? What abides amid such discontinuity? Together we will reflect on what we may do to recover a sense of personal autonomy when our roadmap whirls from our grasp and leaves us confounded.

★ 2 CEs available for Dr. Hollis' lecture | \$10 CE Broker Course# 20-727436

CEs For Dr. Hollis' events are an additional cost and are paid separately to the Friendship Center for Aging Studies. Call 941.556.3263 to register. *Continued on next column.*

SUPPORT THE SOCIETY'S 25th ANNIVERSARY

MEMBERS: Buy a SILVER PASS this season and attend all lectures and workshops in the InSight Series for \$275. **SAVE \$50!** (That's the cost of a single membership.) Find out more at cgjungsarasota.org.

CE COURSE OBJECTIVES: 1. Learn how to differentiate critical crises in a person's life apart from life's normal stresses. 2. Discern the relationship of cultural crisis and upheaval to the anxieties and depressions of the client. 3. Learn how to teach resources for coping for resilience in clients. 4. Differentiate symptomatic patterns from core defense mechanisms and areas of client strength. Broaden the range of tools for helping clients reframe their experience and make it more manageable.

What is Depth Psychology and Why Does it Matter?

Workshop: Saturday, January 18, 2020, from 9 a.m.–12 p.m.

How does depth psychology differ from other modalities? How are its premises and methods of use to all of us, whether in therapy or not? During this workshop, three principles will be explained: it's not about what it's about; what you see is a compensation for what you don't see; and, it's all metaphor. Examples for each will be presented for discovery and interpretation of our mythopoetic psyche.

★ 3 CEs available for Dr. Hollis' workshop | \$15 CE Broker Course# 20-727442

CEs For Dr. Hollis' events are an additional cost and are paid separately to the Friendship Center for Aging Studies. Call 941.556.3263 to register.

CE COURSE OBJECTIVES: 1. Learn how "depth psychology" differs from other modalities. 2. Explore the essential precepts of depth psychology. 3. Learn the mythopoetic nature of the human psyche. 4. Gain valuable tools for insight into personal and clinical material. 5. Utilize the lens of depth psychology to interpret social patterns.



James Hollis, Ph.D., is a Zurich-trained Jungian Analyst practicing in Washington, D.C., and the author of 15 books including *Living an Examined Life: Wisdom for the Second Half of the Journey*; *Hauntings: Dispelling the Ghosts Who Run Our Lives*; *What Matters Most: Living a More Considered Life*; and *Why Good People Do Bad Things: Understanding Our Darker Selves*. He also recently served as the director of the Jung Society of Washington.

★ **EVENT PRICING:** Lecture: \$25 members/\$35 nonmembers. Workshop: \$70 members/\$80 nonmembers. Combination lecture and workshop tickets \$80/\$100.

★ **EVENT LOCATION:** Carlisle Inn, 3727 Bahia Vista St., Sarasota, FL 34232.

FEBRUARY

NORA SWAN-FOSTER

Jungian Art Therapy: The Visual Inner Path Towards Wholeness

Lecture: Friday, February 14, 2020, from 7 p.m.–9 p.m.

C.G. Jung's pioneering psychological view was that "everything of which we are conscious is an image, and that image is psyche." We know today that the imagination and creative process offer healing properties for the psyche, but it was Jung who courageously translated his "spirit of the depths" journey into a psychological and philosophical attitude. He actively encouraged those around him to engage with the transpersonal nature of the image through the expressive arts and to consider the living symbol as transformative. Join us for a look into the unfolding of Jung's inner journey that led to the creation of *The Red Book* and his historically unique and dynamic model of the psyche. To illustrate how his specific methods and ideas were prescient and remain influential in the development of consciousness, we will consider the artwork of persons who actively engage with the unconscious through Jungian art therapy.

An Intimate Encounter with Your "Spirit of the Depths"

Workshop: Saturday, February 15, 2020, from 9 a.m.–1 p.m.

Building on the Friday lecture, we will encounter our own "spirit of the depths" through a specific creative process of cultivating "Xenos" or the "guest/host" relationship. We will begin with a brief dynamic introduction to Jung's model of the psyche and the method of active imagination and then offer "hospitality" to the humble guest or stranger from the unconscious, who may offer surprising clarity and form to our personal and archetypal narratives and lead to a sense of wholeness. We will use specific images and selected art materials to stimulate the unconscious and create our

own imagination boards to reveal and document the presence of the numinous found within. This process may open the gate to creating your own *Red Book* process. *You do not need to be an artist to attend—only an attitude of hospitality is required.*



Nora Swan-Foster, LPC, ATR-BC, NCPsyA, is a Jungian Analyst, art therapist, and author of *Jungian Art Therapy: Dreams, Images and Active Imagination*. She is also on the editorial board for *The Journal of Analytical Psychology*. Nora's work is informed by her research, teaching, and clinical experiences with the Inter-Regional Society of Jungian Analysts, Boulder Jung Seminar (BAJA), University of Naropa Graduate Art Therapy program, and over 30 years of clinical practice in Boulder, CO. Nora is a founding member of Boulder Friends of Jung and Boulder Association of Jungian Analysts.

★ **EVENT PRICING:** Lecture: \$15 members/\$25 nonmembers. Workshop: \$55 members/\$65 nonmembers. Combination lecture and workshop tickets: \$60 members/\$80 nonmembers.

★ **EVENT LOCATION:** Unitarian Universalist Church of Sarasota, 3975 Fruitville Rd., Sarasota, FL 34232

MARCH

DR. MICHAEL CONFORTI

Intimations in the Night: The Soul's Call to Return Home

Lecture: Friday, March 13, 2020, from 7 p.m.–9 p.m.

Workshop: Saturday, March 14, 2020, from 9 a.m.–1 p.m.

When entering the autumn and winter of life, we often experience a profound lack of orientation. So many of our meaningful accomplishments now begin to lose their luster, and those aspirations and dreams that had set our hearts on fire are now eclipsed by new and strange emotions and desires that are suddenly emerging from the shadows. Standing face to face with the reality that we have aged and now face certain limitations—and opportunities—we never imagined, we are challenged to hear those painful lamentations of ego and youth as we move into this later and eventually final stage of life.

Now it is imperative to know what it is that we so deeply love, cherish, and need to preserve, and then recognize those aspects of life that we need to relinquish, as they no longer satisfy the mandates of the Self. In this lecture and workshop we will seek to understand the Self's mandates in the aging process by looking at a series of dreams. These will help us to discern the workings of outdated youthful complexes as well as learn to recognize and understand those messages from the Self calling us to a new life. We also will delve into Hemingway's novel *The Old Man and the Sea* to understand the challenges of moving beyond outdated attitudes and the consequences of not responding to what is being asked of us.



Michael Conforti, Ph.D., is a Jungian Analyst and founder of the Assisi Institute. He has been a faculty member at the C. G. Jung Institute in Boston and the C.G. Jung Foundation of New York, and for many years he has served as a senior associate faculty member in the doctoral and master's programs in clinical psychology at Antioch New England. A pioneer in the field of matter-psyche studies, Dr. Conforti is actively investigating the workings of archetypal fields and the relationship between Jungian psychology and the new sciences. The author of three books, he maintains a private practice in Mystic, CT, and consults with individuals and corporations around the world.

★ **EVENT PRICING:** Lecture: \$15 members/\$25 nonmembers. Workshop: \$55 members/\$65 nonmembers. Combination lecture and workshop tickets: \$60 members/\$80 nonmembers.

★ **EVENT LOCATION:** Unitarian Universalist Church of Sarasota, 3975 Fruitville Rd., Sarasota, FL 34232

APRIL

DR. MONIKA WIKMAN

Dreams, Life, Death, and the Alchemical Wedding Between Worlds

Lecture: Friday, April 3, 2020, from 7 p.m.–9 p.m.

Workshop: Saturday, April 4, 2020, from 9 a.m.–1 p.m.

What do dreams, near-death experiences (NDE) and archetypal phenomena surrounding death tell us about the mysteries of life, death, and the beyond? How do dreams help prepare us for death—our own—and for the passing of loved ones? How do our worldviews alchemically change through these experiences?

When someone we love is dying or when we come close to death ourselves, the boundaries between these worlds can become very thin, and mysteries of life, death, and the beyond can reveal themselves, opening us to life-changing understandings in the imaginal realms of reality. Find out how these experiences of the threshold between life and death can inform us and transform us.

This lecture and workshop explore experiences and questions we live with regarding death and the beyond. Drawing on years of doctoral research at UC San Diego Medical Center on dreams of the dying and decades of working with people in the dying process—as well as personal experiences on the edge of life and death—Dr. Wikman will help us investigate dreams, synchronicities, and experiences of archetypal phenomena surrounding death. This material portrays and intimates the multidimensional living mysteries of the subtle body realms that unite spirit and matter.

★ 2 CEs available for Dr. Wikman's lecture | \$10 CE Broker Course# 20-673234

★ 4 CEs available for Dr. Wikman's workshop | \$20 CE Broker Course# 20-673240

CEs For Dr. Wikman's events are an additional cost and are paid separately to the Friendship Center for Aging Studies. Call 941.556.3263 to register.

CE COURSE OBJECTIVES for lecture and workshop: 1. Examine cultural attitudes and neuroses surrounding the reality of death. 2. Discern the role the avoidance and denial of death plays in the well-being of clients' lives. 3. Identify processes whereby the psyche attempts to expand consciousness beyond one's psychological defenses in experiences near death. 4. Analyze factors in dream research that illuminate psychological attitudes of well-being at death. 5. Identify psychological processes that assist the individual to discover peace at death.



Monika Wikman, Ph.D., is a Jungian analyst, astrologer, and author of *Pregnant Darkness: Alchemy and the Rebirth of Consciousness*. A graduate of the Jung-von Franz Center for Depth Psychology in Zurich, she is a member of the Northern New Mexico Society of Jungian Analysts and the Inter-Regional Society. Wikman's work with the dying culminated in a research project on Dreams of the Dying at UC San Diego Medical Center, which is the foundation of her current manuscript, *Alchemy of Life, Death and the Wedding Veil*.

★ **EVENT PRICING:** Lecture: \$15 members/\$25 nonmembers. Workshop: \$55 members/\$65 nonmembers. Combination lecture and workshop tickets: \$60 members/\$80 nonmembers.

★ **EVENT LOCATION:** Unitarian Universalist Church of Sarasota, 3975 Fruitville Rd., Sarasota, FL 34232

★ **REGISTER FOR ALL EVENTS AT CGJUNGSARASOTA.ORG** ★

FRIENDSHIP CENTER FOR AGING STUDIES

CEs are sponsored by The Friendship Center for Aging Studies, which is committed to offering accredited continuing education CEs and non-credited courses with all subject matter presented through an aging lens. Its mission is to share its wealth of dedicated professionals in medicine and other fields on the leading edge of research to licensed professionals seeking CEs and members of our community pursuing lifelong learning. Find out more at centerforagingstudies.org.

